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**FORS**  
FLEET OPERATOR  
RECOGNITION SCHEME

# SAFE URBAN DRIVING

## LOOKING OUT FOR VULNERABLE ROAD USERS

### COURSE DESCRIPTION

Essential training for all commercial HGV and PSV drivers to improve awareness of how to operate safely on busy urban roads.

### OVERVIEW

Safe Urban Driving (SUD) training focuses on the hazards of driving in cities and how fleet drivers can share the road safely with vulnerable road users, including pedestrians, cyclists and motorcyclists. SUD is the first accredited course in the UK to include an on-road cycling practical module which gives drivers first-hand experience of what it feels like to be a vulnerable road user on busy urban roads.



# COURSE DESCRIPTION

## WHAT WILL YOU LEARN FROM SUD TRAINING?



### Classroom module

- How and why city roads are changing to accommodate active travel, such as walking and cycling
- Who vulnerable road users are, and how they interact with traffic
- Defensive driving techniques and how to share the road safely with others
- Actions in the event of an emergency incident
- Use and limitations of supplementary vehicle safety equipment and how to maintain its effectiveness

### On-road cycling module

- Exchanging places, driver attitude and perception
- Introduction to active travel, driver fitness and health
- Hazard recognition, understanding the issues faced by vulnerable road users and why collisions might occur

### Benefits of attending SUD training

- Fulfils requirements of some clients under their work related road risk (WRRR) contract clauses, including TfL, Crossrail, construction companies signed up to the Construction Logistics and Cyclist Safety (CLOCS) Standard and some London boroughs
- Counts towards the requirement for periodic Driver CPC training hours
- Funding is available for TfL suppliers and FORS accredited operators who operate within London



For more information on how to find a course near you and how to book visit: [www.fors-online.org.uk](http://www.fors-online.org.uk)

